

PE Intent Statement

Intent

At Tweedmouth Prior Park First School, we strive to create a culture which aims to inspire an active generation to enjoy PE, encourage each other and achieve. We provide a safe and supportive environment for children to flourish in a range of different physical activities which is essential in supporting their physical, emotional, spiritual, social and moral development.

The aim of Physical Education is to promote physical activity and healthy lifestyles. Children are taught to observe and produce the conventions of fair play, honest competition and good sporting behaviour as individual participants, team members and spectators. Thus embedding life-long values such as co-operation, collaboration and equity of play.

Our PE Curriculum, along with PSHE and science, teaches children about the importance of healthy living and learning about the need for good nutrition. We aim for children to develop the necessary knowledge and skills which will have a positive impact on their future by becoming physically active citizens to benefit their long-term health and well-being.

Implementation

We offer a dynamic, varied and stimulating program of activity to ensure that all children progress physically through an inspirational, unique and fully inclusive PE curriculum with the assistance of qualified sports coaches as well as class teachers. We encourage all children to develop their understanding of the way in which they can use their body, equipment and apparatus safely yet imaginatively to achieve their personal goals. All children have the opportunity to enjoy being physically active, maintain a healthy lifestyle and using the medium of sport, increase their self-esteem. We aspire for children to adopt a positive mind-set and believe that anything can be achieved with determination and resilience.

We use the 'Funs for Everyone' programme to support our teaching in PE.

"This programme is designed to include, challenge and support the Fundamental Movement Skills - balance, co-ordination and agility - at all ages, stages and abilities. Fundamental Movement Skills are the building blocks that underpin the ability to play and be involved in many different sports and activities. They also embrace talent development and long term athletic development, which has been shown to create a more sustained participation in sport and maximises the opportunity for athletes to reach their potential".

We provide opportunities for children to learn how to stay safe by starting swimming lessons in order to ensure that the children in our school have become confident in the water, knowing how to keep safe especially as we live in a coastal town.

Impact

As they use the Funs programme the children will develop at different rates. The Funs 'Expectations Graph' provides an expected level of attainment for each age and stage of a child's development. We use the graph to track progress.